

CANADIAN Products Not Containing Milk Ingredients

The information provided pertains only to products made and distributed in Canada. Products sold in other countries under similar brands may be made using slightly different recipes and ingredients to accommodate local needs and preferences.

Milk is among the top eight foods that account for 90% of allergic reactions to foods. Lactose is the sugar found in milk. Those people with an allergy or intolerance to milk should also avoid foods containing lactose. The Frito Lay Canada products included here **do not** contain lactose or milk.

Click on the brand logo for specific products.

Last updated August 21, 2023



BAKEN-ETS®

BAKEN-ETS® Hot 'N Spicy Flavoured Pork Skins

BAKEN-ETS® Traditional Fried Pork Skins



CHESTER'S® Snacks

CHESTER'S® Corn Twists



CRACKER JACK® Popcorn

CRACKER JACK® Original Caramel Coated Popcorn & Peanuts



Dips and Salsas

TOSTITOS® Hot Salsa

TOSTITOS® Mango Salsa

TOSTITOS® Medium Salsa
TOSTITOS® Mild Salsa
TOSTITOS® Roasted Garlic Salsa
TOSTITOS® Roasted Red Pepper Salsa



DORITOS® Tortilla Chips
DORITOS® Ketchup Flavoured Tortilla Chips
DORITOS® Sweet Chili Heat Flavoured Tortilla Chips



FRITOS® Corn Chips
FRITOS® Bar-B-Q Flavour Corn Chips
FRITOS® Hoops BBQ Flavour Corn Chips
FRITOS® Original Corn Chips



HOSTESS®
HOSTESS® Original Hickory Sticks



LAY'S® Potato Chips
LAY'S® All Dressed Flavoured Potato Chips
LAY'S® Barbecue Flavoured Potato Chips
LAY'S® Chalet Sauce Flavoured Potato Chips
LAY'S® China Chicken and Tomato Flavoured Potato Chips
LAY'S® Classic Potato Chips
LAY'S® Fries 'n Gravy Flavoured Potato Chips
LAY'S® Hot 'n Sweet Chilli Flavoured Potato Chips
LAY'S® Lightly Salted Potato Chips
LAY'S® Lightly Salted Barbecue Flavoured Potato Chips
LAY'S® Magic Masala Ridged Flavoured Potato Chips
LAY'S® Old Fashioned BBQ Flavoured Potato Chips

LAY'S® Oven Baked Original Potato Crisps
LAY'S® Poppables® Honey BBQ Flavoured Potato Snacks
LAY'S® Poppables® Sea Salt Potato Snacks
LAY'S® STAX® Original Potato Crisps
LAY'S® Tomato Tango Flavoured Potato Chips
LAY'S® Wavy Lightly Salted Potato Chips
LAY'S® Wavy Old Fashioned Ketchup Flavoured Potato Chips
LAY'S® Wavy Original Potato Chips



MISS VICKIE'S®

MISS VICKIE'S® All Dressed Up Flavoured Kettle Cooked Potato Chips
MISS VICKIE'S® Honey Dijon Flavoured Kettle Cooked Potato Chips
MISS VICKIE'S® Original Recipe Kettle Cooked Potato Chips
MISS VICKIE'S® Spicy Dill Pickle Flavoured Kettle Cooked Potato Chips
MISS VICKIE'S® Unsalted Kettle Cooked Potato Chips



MUNCHOS®

MUNCHOS® Original Potato Crisps



Nuts and Seeds

MUNCHIES® BBQ Flavour Crunchy Coated Peanuts
MUNCHIES® BBQ Flavour Peanuts
MUNCHIES® Honey Roasted Flavour Peanuts
MUNCHIES® Honey Sweet Flavour Trail Mix
MUNCHIES® Nuts & Fruit Trail Mix
MUNCHIES® Salted Peanuts
MUNCHIES® Sweet & Spicy Flavour Crunchy Coated Peanuts
NUT HARVEST® Deluxe Mixed Nuts
NUT HARVEST® In-Shell Pistachios
NUT HARVEST® Lightly Roasted Almonds
NUT HARVEST® Sea Salted Whole Cashews
SPITZ® Chili Lime Flavour Sunflower Seeds
SPITZ® Cracked Pepper Flavour Sunflower Seeds
SPITZ® Dill Pickle Flavour Pumpkin Seeds
SPITZ® Dill Pickle Flavour Sunflower Seeds
SPITZ® Salted Pumpkin Seeds
SPITZ® Salted Sunflower Seeds

SPITZ® Seasoned Pumpkin Seeds
SPITZ® Seasoned Sunflower Seeds
SPITZ® Smoky BBQ Flavour Sunflower Seeds
SPITZ® Spicy Sweet Chili Flavour Sunflower Seeds



QUAKER®

QUAKER® Crispy Minis® Original Brown Rice Cakes
QUAKER® Crispy Minis® Caramel Corn Flavoured Brown Rice Cakes
QUAKER® Crispy Minis® Caramel Kettle Corn Flavoured Brown Rice Chips
QUAKER® Crispy Minis® Sweet Chili Flavoured Brown Rice Chips



ROLD GOLD® Pretzels

ROLD GOLD® Classic Style Original Stick Pretzels
ROLD GOLD® Classic Style Original Thin Pretzels
ROLD GOLD® Classic Style Original Tiny Twists Pretzels



RUFFLES® Potato Chips

RUFFLES® All Dressed Flavoured Potato Chips
RUFFLES® Bar-B-Q Flavoured Potato Chips
RUFFLES® Double Crunch Ketchup Flavoured Potato Chips
RUFFLES® Double Crunch Original Potato Chips
RUFFLES® Flamin' Hot BBQ Flavoured Potato Chips
RUFFLES® Lightly Salted Potato Chips
RUFFLES® Regular Potato Chips
RUFFLES® Simply Sea Salted Potato Chips
RUFFLES® Smokehouse Barbecue Flavoured Potato Chips
RUFFLES® Sweet & Spicy Flavoured Potato Chips



SMARTFOOD® Popcorn

SMARTFOOD® Kettle Corn Sweet & Salty Flavoured Popcorn

SMARTFOOD® Movie Theater Butter Flavour Seasoned Popcorn

SMARTFOOD® Simply Sea Salt Seasoned Popcorn



STACY'S® Snacks

STACY'S® Fire Roasted Jalapeno Flavour Pita Chips

STACY'S® Multigrain Pita Chips

STACY'S® Organic Simply Naked Pita Chips

STACY'S® Simply Naked Pita Chips



TOSTITOS® Tortilla Chips

TOSTITOS® Bite Size Rounds Low Sodium Tortilla Chips

TOSTITOS® Bite Size Rounds Tortilla Chips

TOSTITOS® Cantina Thin & Crispy Tortilla Chips

TOSTITOS® Gold Tortilla Chips

TOSTITOS® Multigrain Rounds Tortilla Chips

TOSTITOS® Multigrain Scoops Tortilla Chips

TOSTITOS® Restaurant Style Tortilla Chips

TOSTITOS® Scoops!® Tortilla Chips

TOSTITOS® Simply Organic Blue Corn Tortilla Chips

TOSTITOS® Simply Organic Yellow Corn Tortilla Chips

TOSTITOS® Strips Tortilla Chips