

# Canada Products No Added MSG

The information provided pertains only to products made and distributed in Canada. Products sold in other countries under similar brands may be made using slightly different recipes and ingredients to accommodate local needs and preferences.

Monosodium Glutamate (MSG) is commonly used in many foods as a flavour enhancer. Some people report sensitivity to MSG and prefer to avoid foods containing MSG. Any Frito Lay Canada products containing MSG will list MSG in the ingredient statement. The Frito Lay Canada products included here **do not** contain MSG.

Click on the brand logo for specific products.

*Last updated July 20, 2023*



## **BAKEN-ETS®**

BAKEN-ETS® Traditional Fried Pork Skins



## **CHEETOS®**

CHEETOS® Puffs White Cheddar Cheese Flavoured Snacks

CHEETOS® Simply Crunchy White Cheddar Cheese Flavoured Snacks

CHEETOS® Simply Puffs White Cheddar Cheese Flavoured Snacks



## **CHESTER'S® Snacks**

CHESTER'S® Corn Twists



## **CRACKER JACK® Popcorn**

CRACKER JACK® Original Caramel Coated Popcorn & Peanuts



### **Dips and Salsas**

TOSTITOS® Cheesy Dip  
TOSTITOS® Extra Hot Salsa  
TOSTITOS® Hot Salsa  
TOSTITOS® Mango Salsa  
TOSTITOS® Medium Salsa  
TOSTITOS® Mild Salsa  
TOSTITOS® Roasted Garlic Salsa  
TOSTITOS® Roasted Red Pepper Salsa  
SANTITAS® Hot Salsa  
SANTITAS® Mild Salsa



### **DORITOS® Tortilla Chips**

DORITOS® Simply Organic White Cheddar Naturally Flavored Tortilla Chips



### **FRITOS® Corn Chips**

FRITOS® Original Corn Chips



### **HOSTESS®**

HOSTESS® Salt & Vinegar Flavoured Hickory Sticks



### **KURKURE®**

KURKURE® Chilli Chatka Flavoured Snacks  
KURKURE® Masala Munch Flavoured Snacks



## **LAY'S® Potato Chips**

LAY'S® Cheddar Jalapeno Flavored Potato Chips  
LAY'S® China Cucumber Flavoured Potato Chips  
LAY'S® Classic Potato Chips  
LAY'S® Cream & Onion Ridged Flavoured Potato Chips  
LAY'S® Creamy Cheddar Flavoured Potato Chips  
LAY'S® Hot 'n Sweet Chilli Flavoured Potato Chips  
LAY'S® Lightly Salted Potato Chips  
LAY'S® Lightly Salted Bar-B-Q Flavoured Potato Chips  
LAY'S® Magic Masala Ridged Flavoured Potato Chips  
LAY'S® Oven Baked BBQ Flavoured Potato Crisps  
LAY'S® Oven Baked Original Potato Crisps  
LAY'S® Oven Baked Sour Cream & Onion Flavoured Potato Crisps  
LAY'S® Poppables® Honey BBQ Flavoured Potato Snacks  
LAY'S® Poppables® Sea Salt Potato Snacks  
LAY'S® Poppables® Sea Salt & Vinegar Flavoured Potato Snacks  
LAY'S® Poppables® Sour Cream & Chive Flavoured Potato Snacks  
LAY'S® Poppables® White Cheddar Flavoured Potato Snacks  
LAY'S® Salt & Vinegar Flavoured Potato Chips  
LAY'S® STAX® Original Potato Crisps  
LAY'S® Tomato Tango Flavoured Potato Chips  
LAY'S® Wavy Cheddar & Sour Cream Flavoured Potato Chips  
LAY'S® Wavy Hickory BBQ Flavoured Potato Chips  
LAY'S® Wavy Lightly Salted Potato Chips  
LAY'S® Wavy Old Fashioned Ketchup Flavoured Potato Chips  
LAY'S® Wavy Original Potato Chips  
LAY'S® Wavy Salt & Vinegar Flavoured Potato Chips  
LAY'S® White Cheddar Flavoured Potato Chips



## **MISS VICKIE'S®**

MISS VICKIE'S® All Dressed Kettle Cooked Flavoured Potato Chips  
MISS VICKIE'S® Applewood Smoked BBQ Kettle Cooked Flavoured Potato Chips  
MISS VICKIE'S® Honey Dijon Flavoured Kettle Cooked Potato Chips  
MISS VICKIE'S® Jalapeno Kettle Cooked Flavoured Potato Chips  
MISS VICKIE'S® Lime & Black Pepper Kettle Cooked Flavoured Potato Chips  
MISS VICKIE'S® Original Recipe Kettle Cooked Potato Chips  
MISS VICKIE'S® Sea Salt & Malt Vinegar Kettle Cooked Flavoured Potato Chips  
MISS VICKIE'S® Sour Cream & Caramelized Onion Kettle Cooked Flavoured Potato Chips  
MISS VICKIE'S® Spicy Dill Pickle Kettle Cooked Flavoured Potato Chips  
MISS VICKIE'S® Sweet Chili & Sour Cream Kettle Cooked Flavoured Potato Chips  
MISS VICKIE'S® Sweet Southern BBQ Kettle Cooked Flavoured Potato Chips  
MISS VICKIE'S® Unsalted Kettle Cooked Potato Chips



## **MUNCHOS®**

MUNCHOS® Original Potato Crisps



## **Nuts and Seeds**

MUNCHIES® Honey Roasted Flavour Peanuts

MUNCHIES® Honey Sweet Trail Mix

MUNCHIES® Nuts & Chocolate Trail Mix

MUNCHIES® Nuts & Fruit Trail Mix

MUNCHIES® Salted Peanuts

NUT HARVEST® Deluxe Mixed Nuts

NUT HARVEST® In Shell Pistachios

NUT HARVEST® Lightly Roasted Almonds

NUT HARVEST® Sea Salted Whole Cashews

SPITZ® Cracked Pepper Flavour Sunflower Seeds

SPITZ® Salted Pumpkin Seeds

SPITZ® Salted Sunflower Seeds



## **ROLD GOLD® Pretzels**

ROLD GOLD® Classic Dipped Tiny Twist Fudge Coated Pretzels

ROLD GOLD® Classic Style Original Stick Pretzels

ROLD GOLD® Classic Style Original Thin Pretzels

ROLD GOLD® Classic Style Original Tiny Twist Pretzels



## **RUFFLES® Potato Chips**

RUFFLES® Au Gratin Flavoured Potato Chips

RUFFLES® Double Crunch Original Potato Chips

RUFFLES® Lightly Salted Potato Chips

RUFFLES® Regular Potato Chips

RUFFLES® Salt & Vinegar Flavoured Potato Chips

RUFFLES® Simply Sea Salted Potato Chips



### **SMARTFOOD® Popcorn**

SMARTFOOD® Flamin' Hot® White Cheddar Flavoured Popcorn  
SMARTFOOD® Jalapeno & Cheddar Flavoured Popcorn  
SMARTFOOD® Kettle Corn Sweet & Salty Seasoned Popcorn  
SMARTFOOD® Movie Night Butter Flavour Seasoned Popcorn  
SMARTFOOD® Simply Sea Salt Seasoned Popcorn  
SMARTFOOD® Simply White Cheddar Flavour Seasoned Popcorn  
SMARTFOOD® Sour Cream & Onion Flavored Popcorn  
SMARTFOOD® Sweet & Salty Caramel Flavored Popcorn  
SMARTFOOD® White Cheddar Cheese Flavour Seasoned Popcorn



### **STACY'S® Snacks**

STACY'S® Fire Roasted Jalapeno Flavour Pita Chips  
STACY'S® Multigrain Pita Chips  
STACY'S® Organic Simply Naked Pita Chips  
STACY'S® Parmesan, Garlic & Herb Flavour Pita Chips  
STACY'S® Simply Naked™ Pita Chips



### **SUNCHIPS® Whole Grain Snacks**

SUNCHIPS® Black Bean Southwestern Queso Flavored Whole Grain and Black Bean Snacks  
SUNCHIPS® Black Bean Spicy Jalapeno Flavored Whole Grain and Black Bean Snacks  
SUNCHIPS® French Onion Flavoured Multigrain Snacks  
SUNCHIPS® Garden Salsa Flavoured Multigrain Chips  
SUNCHIPS® Harvest Cheddar® Flavoured Multigrain Chips  
SUNCHIPS® Minis Garden Salsa Flavored Whole Grain Snacks Canister  
SUNCHIPS® Minis Harvest Cheddar Flavored Whole Grains Snacks Canister



### **TOSTITOS® Tortilla Chips**

TOSTITOS® Cantina Thin & Crispy Tortilla Chips  
TOSTITOS® Gold Tortilla Chips  
TOSTITOS® Hearty Dippers Tortilla Chips  
TOSTITOS® Hint of Roasted Garlic Flavoured Tortilla Chips  
TOSTITOS® Hint of Spicy Queso Flavoured Tortilla Chips

TOSTITOS® Low Sodium Rounds Tortilla Chips  
TOSTITOS® Multigrain Rounds Tortilla Chips  
TOSTITOS® Multigrain Scoops Tortilla Chips  
TOSTITOS® Restaurant Style Tortilla Chips  
TOSTITOS® Restaurant Style Hint of Jalapeno Flavoured Tortilla Chips  
TOSTITOS® Restaurant Style Hint of Lime Flavoured Tortilla Chips  
TOSTITOS® Rounds Tortilla Chips  
TOSTITOS® Scoops!® Tortilla Chips  
TOSTITOS® Simply Organic Blue Corn Tortilla Chips  
TOSTITOS® Simply Organic Yellow Corn Tortilla Chips  
TOSTITOS® Strips Tortilla Chips