U.S. Gluten Free Products

Some people suffer from an intolerance to foods containing gluten, which is a type of protein found in wheat, rye and barley. Frito-Lay has validated through analytical testing that the following products contain less than 20 ppm of gluten, the level put forward in the FDA's Gluten Free Food Labeling Final Rule.

Please note: The information provided pertains only to products made and distributed in the US. Products sold in other countries under similar brands may be made using slightly different recipes and ingredients to accommodate local needs and preferences.

Last updated August 21, 2023



BAKED

CHEETOS® Baked Crunchy Cheese Flavored Snacks LAY'S® Baked BBQ Flavored Potato Chips LAY'S® Baked Original Potato Chips LAY'S® Baked Sour Cream & Onion Flavored Potato Chips RUFFLES® Baked Cheddar & Sour Cream Flavored Potato Crisps RUFFLES® Baked Original Potato Crisps TOSTITOS® Baked Scoops!® Tortilla Chips



CHEETOS® CHEETOS® Baked Crunchy Cheese Flavored Snacks CHEETOS® Crunchy Cheddar Jalapeño Cheese Flavored Snacks CHEETOS® Crunchy Cheese Flavored Snacks CHEETOS® Crunchy Flamin' Hot® Cheese Flavored Snacks CHEETOS® Crunchy Flamin' Hot® Limón Cheese Flavored Snacks CHEETOS® Crunchy XXTRA Flamin' Hot® Flavored Cheese Flavored Snacks CHEETOS® Fantastix! Chili Cheese Flavored Corn and Potato Snacks CHEETOS® Fantastix! Flamin' Hot Flavored Corn and Potato Snacks CHEETOS® Paws[™] Cheese Flavored Snacks CHEETOS® Puffs Cheese Flavored Snacks CHEETOS® Puffs Flamin' Hot® Cheese Flavored Snacks CHEETOS® Simply Crunchy White Cheddar Cheese Flavored Snacks CHEETOS® Simply Puffs White Cheddar Cheese Flavored Snacks CHEETOS® Reduced Fat Crunchy Flamin' Hot Cheese Flavored Snacks CHEETOS® Reduced Fat Crunchy Flamin' Hot Limon Cheese Flavored Snacks CHEETOS® Reduced Fat Puffs Cheese Flavored Snacks

CHEETOS® Reduced Fat Puffs Flamin' Hot® Cheese Flavored Snacks



CHESTER'S® Snacks CHESTER'S® Flamin' Hot® Flavored Fries



DORITOS® Tortilla Chips DORITOS® Simply Organic White Cheddar Flavored Tortilla Chips



FRITOS® Corn Chips FRITOS® Lightly Salted Corn Chips FRITOS® Original Corn Chips FRITOS® Reduced Fat Original Corn Chips FRITOS® Scoops!® Corn Chips



LAY'S® Potato Chips LAY'S® Baked BBQ Flavored Potato Crisps LAY'S® Baked Original Potato Crisps LAY'S® Baked Sour Cream & Onion Flavored Potato Crisps LAY'S® Classic Potato Chips LAY'S® Lightly Salted Potato Chips LAY'S® Simply Sea Salted Thick Cut Potato Chips LAY'S® STAX® Bacon & Cheddar Potato Skins Flavored Potato Crisps LAY'S® STAX® Buffalo Wings with Ranch Flavored Potato Crisps LAY'S® STAX® Buffalo Wings with Ranch Flavored Potato Crisps LAY'S® STAX® Cheddar Flavored Potato Crisps LAY'S® STAX® Cheddar Flavored Potato Crisps LAY'S® STAX® Chile Limón Flavored Potato Crisps LAY'S® STAX® Flamas® Flavored Potato Crisps LAY'S® STAX® Mesquite Barbecue Flavored Potato Crisps LAY'S® STAX® Original Potato Crisps LAY'S® STAX® Salt & Vinegar Flavored Potato Crisps LAY'S® STAX® Sour Cream & Onion Flavored Potato Crisps LAY'S® Wavy Lightly Salted Potato Chips LAY'S® Wavy Original Potato Chips

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NATUCHIPS[™] Garlic Flavored Plantain Chips NATUCHIPS[™] Lime Flavored Plantain Chips NATUCHIPS[™] Original Plantain Chips



RUFFLES® Potato Chips RUFFLES® Baked Cheddar & Sour Cream Flavored Potato Crisps RUFFLES® Baked Original Potato Crisps RUFFLES® Original Potato Chips RUFFLES® Simply Sea Salted Potato Chips



SANTITAS® SANTITAS® White Corn Tortilla Chips SANTITAS® Yellow Corn Tortilla Chips



SMARTFOOD® Popcorn SMARTFOOD® Movie Theater Butter Flavored Popcorn SMARTFOOD® Simply Sea Salt Popcorn SMARTFOOD® Sweet & Salty Caramel Flavored Popcorn SMARTFOOD® White Cheddar Cheese Popcorn



TOSTITOS® Tortilla Chips

TOSTITOS® Baked Scoops!® Tortilla Chips TOSTITOS® Bite Size Rounds Tortilla Chips TOSTITOS® Cantina Thin & Crispy Tortilla Chips TOSTITOS® Cantina Traditional Tortilla Chips TOSTITOS® Crispy Rounds Tortilla Chips TOSTITOS® Lightly Salted Tortilla Chips TOSTITOS® Original Restaurant Style Tortilla Chips TOSTITOS® Reduced Fat Crispy Rounds Tortilla Chips TOSTITOS® Reduced Fat Crispy Rounds Tortilla Chips TOSTITOS® Scoops!® Tortilla Chips TOSTITOS® Simply Organic Blue Corn Tortilla Chips TOSTITOS® Simply Organic Yellow Corn Tortilla Chips TOSTITOS® Strips Tortilla Chips TOSTITOS® Strips Tortilla Chips