U.S. Products Not Containing Gluten and Milk Ingredients

Gluten is a type of protein found in wheat, rye and barley. Some people suffer from an allergy or intolerance to foods containing gluten. Milk is among the top eight foods that account for 90% of allergic reactions to food.

For those who have an allergy to gluten and milk, the Frito-Lay products included here **do not** contain gluten or milk ingredients.

Please note: The information provided pertains only to products distributed in the U.S. Products sold in other countries under similar brands may be made using slightly different recipes and ingredients to accommodate local needs and preferences.

Last updated August 21, 2023

TOSTITOS

TOSTITOS® Tortilla Chips

TOSTITOS® Baked Scoops!® Tortilla Chips

TOSTITOS® Bite Size Tortilla Chips

TOSTITOS® Cantina Thin & Crispy Tortilla Chips

TOSTITOS® Cantina Traditional Tortilla Chips

TOSTITOS® Crispy Rounds Tortilla Chips

TOSTITOS® Lightly Salted Tortilla Chips

TOSTITOS® Multigrain Scoops!® Tortilla Chips

TOSTITOS® Original Restaurant Style Tortilla Chips

TOSTITOS® Reduced Fat Crispy Rounds Tortilla Chips

TOSTITOS® Scoops!® Tortilla Chips

TOSTITOS® Simply Organic Blue Corn Tortilla Chips

TOSTITOS® Simply Organic Yellow Corn Tortilla Chips

TOSTITOS® Strips Tortilla Chips

TOSTITOS® Thick & Hearty Rounds Tortilla Chips



BAKED

LAY'S® Baked Original Potato Crisps RUFFLES® Baked Original Potato Crisps TOSTITOS® Baked Scoops® Tortilla Chips



BAKEN-ETS®

BAKEN-ETS® Honey Mustard Flavored Fried Pork Skins

BAKEN-ETS® Hot 'N Spicy Flavored Pork Skins

BAKEN-ETS® Sweet Southern Heat BBQ Flavored Fried Pork Skins

BAKEN-ETS® Traditional Fried Pork Skins



CHESTER'S® Snacks

CHESTER'S® Butter Flavored Puffcorn Snacks



CRACKER JACK® Popcorn

CRACKER JACK® Original Caramel Coated Popcorn & Peanuts



Dips and Salsas

FRITOS® Bean Dip

FRITOS® Hot Bean Dip with Jalapeño Peppers

TOSTITOS® Medium Chunky Salsa

TOSTITOS® Mild Chunky Salsa

TOSTITOS® Restaurant Style Salsa

SANTITAS® Hot Salsa

SANTITAS® Mild Salsa



DORITOS® Tortilla Chips

DORITOS® Salsa Verde Flavored Tortilla Chips



FRITOS® Corn Chips

FRITOS® Flavor Twists® Honey BBQ Flavored Corn Chips

FRITOS® Lightly Salted Corn Chips

FRITOS® Original Corn Chips

FRITOS® Scoops!® Corn Chips



LAY'S® Potato Chips

LAY'S® Baked Original Potato Crisps

LAY'S® Barbecue Flavored Potato Chips

LAY'S® Classic Potato Chips

LAY'S® Dill Pickle Flavored Potato Chips

LAY'S® Honey Barbecue Flavored Potato Chips

LAY'S® Kettle Cooked Original Potato Chips

LAY'S® Kettle Cooked Reduced Fat Original Potato Chips

LAY'S® Kettle Cooked Reduced Fat Sea Salt & Vinegar Flavored Potato Chips

LAY'S® Kettle Cooked Sea Salt & Cracked Pepper Flavored Potato Chips

LAY'S® Lightly Salted Potato Chips

LAY'S® Limón Flavored Potato Chips

LAY'S® Poppables® Honey BBQ Flavored Potato Snacks

LAY'S® Poppables® Sea Salt Potato Snacks

LAY'S® Salt & Vinegar Flavored Potato Chips

LAY'S® Simply Sea Salted Thick Cut Potato Chips

LAY'S® STAX® Original Potato Crisps

LAY'S® STAX® Salted Potato Crisps

LAY'S® Wavy Lightly Salted Potato Chips

LAY'S® Wavy Original Potato Chips

LAY'S® Wavy Salt & Pepper Flavored Potato Chips



MAUI STYLE®

MAUI STYLE® Original Potato Chips

MAUI STYLE® Shrimp Flavored Chips



MISS VICKIE'S®

MISS VICKIE'S® Sea Salt Original Kettle Cooked Potato Chips



MUNCHOS®

MUNCHOS® Original Potato Crisps



NATUCHIPS™

NATUCHIPS™ Garlic Flavored Plantain Chips NATUCHIPS™ Lime Flavored Plantain Chips NATUCHIPS™ Original Plantain Chips



Nuts and Seeds

FRITO-LAY® BBQ Sunflower Seeds

FRITO-LAY® Original Sunflower Seeds

FRITO-LAY® Salted In-Shell Peanuts

FRITO-LAY® Sunflower Seeds Kernels

MUNCHIES® Flamin' Hot® Peanuts

MUNCHIES® Honey Roasted Peanuts

MUNCHIES® Salted Cashews

MUNCHIES® Salted Peanuts

NUT HARVEST® Deluxe Mixed Nuts

NUT HARVEST® In-Shell Pistachios

NUT HARVEST® Lightly Salted Whole Cashews

NUT HARVEST® Nut & Fruit Mix

NUT HARVEST® Sea Salted Whole Cashews

NUT HARVEST® Spicy Cashews

SABRITAS® Picante Peanuts

SABRITAS® Salt & Lime Peanuts

SPITZ® Chili Lime Sunflower Seeds

SPITZ® Cracked Pepper Pumpkin Seeds

SPITZ® Cracked Pepper Sunflower Seeds

SPITZ® Dill Pickle Pumpkin Seeds

SPITZ® Dill Pickle Sunflower Seeds

SPITZ® Original Sunflower Seeds

SPITZ® Seasoned Pumpkin Seeds SPITZ® Seasoned Sunflower Seeds SPITZ® Smoky BBQ Sunflower Seeds SPITZ® Spicy Sweet Chili Sunflower Seeds



RUFFLES® Potato Chips

RUFFLES® Baked Original Potato Crisps RUFFLES® Original Potato Chips RUFFLES® Simply Sea Salted Potato Chips



SANTITAS®

SANTITAS® White Corn Tortilla Chips SANTITAS® Yellow Corn Tortilla Chips



SMARTFOOD® Popcorn

SMARTFOOD® Kettle Corn Sweet & Salty Popcorn SMARTFOOD® Simply Sea Salt Popcorn