

U.S. Products Not Containing Gluten and Milk Ingredients

Gluten is a type of protein found in wheat, rye and barley. Some people suffer from an allergy or intolerance to foods containing gluten. Milk is among the top eight foods that account for 90% of allergic reactions to food.

For those who have an allergy to gluten and milk, the Frito-Lay products included here **do not** contain gluten or milk ingredients.

Please note: The information provided pertains only to products distributed in the U.S. Products sold in other countries under similar brands may be made using slightly different recipes and ingredients to accommodate local needs and preferences.

Last updated August 21, 2023



TOSTITOS® Tortilla Chips

TOSTITOS® Baked Scoops!® Tortilla Chips
TOSTITOS® Bite Size Tortilla Chips
TOSTITOS® Cantina Thin & Crispy Tortilla Chips
TOSTITOS® Cantina Traditional Tortilla Chips
TOSTITOS® Crispy Rounds Tortilla Chips
TOSTITOS® Lightly Salted Tortilla Chips
TOSTITOS® Multigrain Scoops!® Tortilla Chips
TOSTITOS® Original Restaurant Style Tortilla Chips
TOSTITOS® Reduced Fat Crispy Rounds Tortilla Chips
TOSTITOS® Scoops!® Tortilla Chips
TOSTITOS® Simply Organic Blue Corn Tortilla Chips
TOSTITOS® Simply Organic Yellow Corn Tortilla Chips
TOSTITOS® Strips Tortilla Chips
TOSTITOS® Thick & Hearty Rounds Tortilla Chips

BAKED



BAKED

LAY'S® Baked Original Potato Crisps
RUFFLES® Baked Original Potato Crisps
TOSTITOS® Baked Scoops® Tortilla Chips



BAKEN-ETS®

BAKEN-ETS® Honey Mustard Flavored Fried Pork Skins

BAKEN-ETS® Hot 'N Spicy Flavored Pork Skins

BAKEN-ETS® Sweet Southern Heat BBQ Flavored Fried Pork Skins

BAKEN-ETS® Traditional Fried Pork Skins



CHESTER'S® Snacks

CHESTER'S® Butter Flavored Puffcorn Snacks



CRACKER JACK® Popcorn

CRACKER JACK® Original Caramel Coated Popcorn & Peanuts



Dips and Salsas

FRITOS® Bean Dip

FRITOS® Hot Bean Dip with Jalapeño Peppers

TOSTITOS® Medium Chunky Salsa

TOSTITOS® Mild Chunky Salsa

TOSTITOS® Restaurant Style Salsa

SANTITAS® Hot Salsa

SANTITAS® Mild Salsa



DORITOS® Tortilla Chips

DORITOS® Salsa Verde Flavored Tortilla Chips



FRITOS® Corn Chips

- FRITOS® Flavor Twists® Honey BBQ Flavored Corn Chips
- FRITOS® Lightly Salted Corn Chips
- FRITOS® Original Corn Chips
- FRITOS® Scoops!® Corn Chips



LAY'S® Potato Chips

- LAY'S® Baked Original Potato Crisps
- LAY'S® Barbecue Flavored Potato Chips
- LAY'S® Classic Potato Chips
- LAY'S® Dill Pickle Flavored Potato Chips
- LAY'S® Honey Barbecue Flavored Potato Chips
- LAY'S® Kettle Cooked Original Potato Chips
- LAY'S® Kettle Cooked Reduced Fat Original Potato Chips
- LAY'S® Kettle Cooked Reduced Fat Sea Salt & Vinegar Flavored Potato Chips
- LAY'S® Kettle Cooked Sea Salt & Cracked Pepper Flavored Potato Chips
- LAY'S® Lightly Salted Potato Chips
- LAY'S® Limón Flavored Potato Chips
- LAY'S® Poppables® Honey BBQ Flavored Potato Snacks
- LAY'S® Poppables® Sea Salt Potato Snacks
- LAY'S® Salt & Vinegar Flavored Potato Chips
- LAY'S® Simply Sea Salted Thick Cut Potato Chips
- LAY'S® STAX® Original Potato Crisps
- LAY'S® STAX® Salted Potato Crisps
- LAY'S® Wavy Lightly Salted Potato Chips
- LAY'S® Wavy Original Potato Chips
- LAY'S® Wavy Salt & Pepper Flavored Potato Chips



MAUI STYLE®

- MAUI STYLE® Original Potato Chips
- MAUI STYLE® Shrimp Flavored Chips



MISS VICKIE'S®

MISS VICKIE'S® Sea Salt Original Kettle Cooked Potato Chips



MUNCHOS®

MUNCHOS® Original Potato Crisps



NATUCHIPS™

NATUCHIPS™ Garlic Flavored Plantain Chips

NATUCHIPS™ Lime Flavored Plantain Chips

NATUCHIPS™ Original Plantain Chips



Nuts and Seeds

FRITO-LAY® BBQ Sunflower Seeds

FRITO-LAY® Original Sunflower Seeds

FRITO-LAY® Salted In-Shell Peanuts

FRITO-LAY® Sunflower Seeds Kernels

MUNCHIES® Flamin' Hot® Peanuts

MUNCHIES® Honey Roasted Peanuts

MUNCHIES® Salted Cashews

MUNCHIES® Salted Peanuts

NUT HARVEST® Deluxe Mixed Nuts

NUT HARVEST® In-Shell Pistachios

NUT HARVEST® Lightly Salted Whole Cashews

NUT HARVEST® Nut & Fruit Mix

NUT HARVEST® Sea Salted Whole Cashews

NUT HARVEST® Spicy Cashews

SABRITAS® Picante Peanuts

SABRITAS® Salt & Lime Peanuts

SPITZ® Chili Lime Sunflower Seeds

SPITZ® Cracked Pepper Pumpkin Seeds

SPITZ® Cracked Pepper Sunflower Seeds

SPITZ® Dill Pickle Pumpkin Seeds

SPITZ® Dill Pickle Sunflower Seeds

SPITZ® Original Sunflower Seeds

SPITZ® Seasoned Pumpkin Seeds
SPITZ® Seasoned Sunflower Seeds
SPITZ® Smoky BBQ Sunflower Seeds
SPITZ® Spicy Sweet Chili Sunflower Seeds



RUFFLES® Potato Chips

RUFFLES® Baked Original Potato Crisps
RUFFLES® Original Potato Chips
RUFFLES® Simply Sea Salted Potato Chips



SANTITAS®

SANTITAS® White Corn Tortilla Chips
SANTITAS® Yellow Corn Tortilla Chips



SMARTFOOD® Popcorn

SMARTFOOD® Kettle Corn Sweet & Salty Popcorn
SMARTFOOD® Simply Sea Salt Popcorn